



BEAR RIVER AREA AGENCY ON AGING

SENIOR RESOURCE GUIDE

Education Opportunities

Serving Box Elder County

AARP Safe Driving Course

24 North 300 West
Brigham City UT 84302

Toll Free: 1(866)448-3616

Phone: (435) 723-3303

Web: www.aarp.org/families/driver_safety

Box Elder County - 4H Extension Office

195 West 1100 South
Brigham City UT 84302

Phone: (435) 734-9945

Web: www.brighamcity.usu.edu

Individual counseling sessions and community classes on finances and nutrition offered. Group presentations available upon request.

Box Elder County Literacy Program

Brigham City Library, 26 East Forest
Brigham City UT 84302

Phone: (435) 723-5850

Web: www.bcpl.lib.ut.us

Tutoring available for math and reading. ESL classes also available.

Box Elder Literacy Program

40 South 100 West
Tremonton UT 84337

Phone: (435) 279-3687

Web:

ESL classes available.

Bridgerland Applied Technology College

325 West 1100 South
Brigham City UT 84302

Phone: (435) 734-0614

Web: www.bridgerlandatc.org

Lower cost classes for seniors.

Brigham City Nursing and Rehabilitation

775 North 200 East
Brigham City UT 84302

Phone: (435) 723-7777

Web: www.sunhealth.com

Monthly community education seminars for patients, family and community on a variety of adult and senior issues.

Dale Young Community School

230 West 200 South
Brigham City UT 84302

Phone: (435) 734-4834

Web: www.besd.net

GED and ESL classes taught.



BEAR RIVER AREA AGENCY ON AGING

SENIOR RESOURCE GUIDE

H2U Program at Brigham City Hospital

950 South 500 West

Brigham City

UT

84302

Phone: (435) 734-4358

Web: www.h2u.com

Health and wellness program for all adults. Exercise programs, socializing and travel opportunities, monthly newsletter with nutrition and health tips, physical exam and blood test with low cost yearly dues. Call for details on joining the club.

Northwestern Band of the Shoshone Nation

707 North Main Street

Brigham City

UT

84302

Phone: (435) 734-2286

Web:

Must live in Box Elder County and be a tribal member of a federally recognized tribe to be eligible for services. Monthly education events, housing and medical assistance.

Northwestern Band of the Shoshone Nation

707 North Main Street

Brigham City

UT

84302

Phone: (435) 734-2286

Web:

Must live in Box Elder County and be a tribal member of a federally recognized tribe to be eligible for services. Monthly education events, housing and medical assistance.

Pioneer Care Center

815 South 200 West

Brigham City

UT

84302

Phone: (435) 723-5289

Web: www.avalonhci.com

Monthly community education seminars for patients, family and community on a variety of adult and senior issues.

Tremonton Fire Department

102 South Tremont Street

Tremonton

UT

84337

Phone: (435) 257-2647

Web:

First Aid, CPR and home fire safety classes taught as requested. To schedule, call: Jim Hess: 435-452-1070, Cole Lestergaard: 435-257-7732 or Mark Thompson: 435-257-7003.

USU Brigham City Campus

265 West 1100 South

Brigham City

UT

84302

Phone: (435) 734-2277

Web: <http://brighamcity.usu.edu>

Lower cost for classes for seniors. Visit website or office for class listings.

Serving Cache County

AARP Safe Driving Course

UT

Toll Free: 1(866)448-3616

Phone: (435) 755-0757

Web: www.aarp.org/families/driver_safety



BEAR RIVER AREA AGENCY ON AGING

SENIOR RESOURCE GUIDE

Bridgerland Applied Technology College

1301 North 600 West

Logan

UT

84321

Phone: (435) 753-6780

Web: www.bridgerlandatc.org

Lower cost classes for seniors.

Bridgerland Literacy

255 North Main Street

Logan

UT

84321

Phone: (435) 716-9141

Web:

Evaluations followed by appropriate tutoring for low-education adults, learning disabled, ESL students or non-readers.

Cache County Continuing Education

101 West Center

Logan

UT

84321

Phone: (435) 755-2300

Web:

Evening and weekend classes offered on a variety of interesting topics.

Cache County Extension

179 North Main Street, Room 211

Logan

UT

84321

Phone: (435) 752-6263

Web: www.extension.usu.edu/cache

Individual counseling sessions and community classes on finances and nutrition offered. Group presentations available upon request.

English Language Center

106 East 1120 North, Suite A

Logan

UT

84341

Phone: (435) 750-6534

Web: www.elc-cv.com

English language and U.S. citizenship classes taught.

Lifetime Learning Center

55 North Main, Suite #101

Logan

UT

84321

Phone: (435) 755-8621

Web:

Vocational training, lifetime management and educational classes.

Logan Fire Department

150 East 200 North

Logan

UT

84321

Phone: (435) 716-9518

Web:

Fire safety education. Free smoke alarms and carbon monoxide monitors are also available.

Logan Regional Hospital Education Ctr.

1400 North 500 East

Logan

UT

84341

Phone: (435) 716-1000

Web: www.intermountainhealthcare.org/xp/public/loga



BEAR RIVER AREA AGENCY ON AGING

SENIOR RESOURCE GUIDE

Senior University at USU

Utah State University

Logan

UT

84322

Phone: (435) 755-1720

Web:

Rides offered to USU from the Cache Senior Center. Weekly presentations by college instructors at USU covering a variety of interesting and stimulating topics.

USU Family Life Center

493 North 700 East

Logan

UT

84321

Phone: (435) 797-7224

Web: www.usu.edu/fchd/nfc.dfm

Education on home ownership and managing finances.

USU Summer Citizen's Program

5005 Old Main Hill

Logan

UT

84322

Phone: (435) 797-0035

Web: <http://summercitizens.usu.edu>

Summer program includes a variety of classes available to all seniors 55+. Local residents receive a discount card.

Serving Rich County

BATC Rich County Campus

1200 Redwood Road

Woodruff

UT

84086

Phone: (435) 793-2135

Web:

Attend classes through Bridgerland Applied Technology College. Day and some evening classes available. Call for information

Darrell Rothlisberger

P.O. Box 8

Randolph

UT

84064

Phone: (435) 793-2435

Web:

Presentations available regarding nutrition and diet to church or community groups.
